



NORTHWOOD FOOTBALL

RESPECT THE PAST – REPRESENT THE FUTURE

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3/18/2020

Dear Black Crunch Family,

These are uncertain and difficult times for everyone. With the recent closures happening across the world due to COVID-19, we understand things can be hard to navigate. NorthWood Football alongside our players and fans will do our part and embrace a “Sudden Change” mentality.

As citizens and leaders of our country, we have an obligation. We will abide by all precautions set forth.

In the end, it will be impossible to know if we overreacted or did too much, but it will be quite apparent if we underreacted or did too little.

At this time I want to ask a question that defines our program’s work ethic, accountability, and leadership.... “How do you want to be remembered?”

This was supposed to be a time of year to accomplish goals and set PR’s in the weight room. A time to get outside and play, the beginning of spring sports, the anticipation of spring break... That will not happen, for now, but do not look in the mirror and say “why “ instead look in the mirror and say “it’s nice outside so I’m going to go run” or “my bedroom floor is clean so I’m going to do all the body weight exercises that I have learned” or “this is a great opportunity to do some activities that otherwise I do not often get the chance.” Spend time with your family, take care of them, look at the positives and consider this a fortunate time.

Chin up, eyes open, put a smile on!

Sincerely,

Coach Nate Andrews