

JOIN THE WRESTLING CLUB

WHAT: NORTHWOOD WRESTLING CLUB IS COMMITED TO HELPING YOUTH DE-VELOP WRESTLING SKILLS AND THE CHARACTER OF CHAMPIONS.

<u>WHEN</u>: PRACTICES WILL BE MONDAY AND THURSDAYS FROM 6:00-7:30. OUR FIRST PRACTICE WILL BE THURSDAY, NOVEMBER 19 AT 6:00 IN THE HIGH SCHOOL ATHLETIC CENTER.

WHO: ANY WRESTLR IN GRADES K-6

COST: \$40 IF YOU SIGN UP BETWEEN NOW AND NOVEMBER 14TH. AFTER THE 14TH YOUR COST WILL BE \$50

WHAT ALL DOES THE \$40 INCLUDE? \$40 INCLUDES COACHING FROM OUR STAFF AT ALL PRACTICES AND EVENTS WE ATTEND.

WHAT EVENTS WILL THE CLUB BE ATTENDING?

MOST OF THE EVENTS WILL BE TEAM COMPETTIONS BETWEEN NOW AND JAN. 3. WE EXPECT TO HOST A TEAM DUAL HERE AT NORTHWOOD AND WE WILL ALSO BE TRAVELING TO SOME TEAM DUALS IN NORTHERN INDIANA(PLEASE SEE CALENDAR) THIS IS A GREAT OPPORTUNITY FOR YOUR WRESTLER TO BE A PART OF A TEAM LEARN NEW WRESTLING SKILLS.

HOW DO I PAY? YOU CAN PAY CASH OR MAKE OUT A CHECK TO NORTHWOOD WRESTLING CLUB.

What is Session 2? After January, we will focus more on individual tournaments. The cost for that session will be \$40

