



NORTHWOOD FOOTBALL

RESPECT THE PAST – REPRESENT THE FUTURE

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2019 Lineman School

- Dates (3):** March 11, 18, 25
Grades: 3rd through 6th
Start Time: 7:00 P.M. until 8:00 P.M.
Location: NorthWood Activity Center – Enter through main doors on SE Corner of building
Cost: Free
Equipment: Athletic Apparel, Indoor Shoes, Water Bottle
Instructors: Coaches of the NorthWood High School, Middle School, and Youth Football Program

Lineman School is an opportunity for young athletes to improve their football skill set through a series of instructions, drills, and competitions. Emphasis is on the development of fundamental skills in addition to a knowledge and understanding of offensive and defensive line play.

Players will have the ability to learn both the offensive and defensive sides of the ball during our three sessions. Players will work on various skills such as snapping a football and defeating double team blocks, as well as the basics of the NorthWood Football Playbook.

Lineman School is a cornerstone of our programs player development process which strives to not only improve the individual player, but also helps improve the NorthWood Football program as a whole. We are extremely excited to build relationships with each player involved while expanding the rich tradition of NorthWood “Black Crunch” Football.

Please confirm via email that your son plans to attend at least a portion of this opportunity to bboocher@wanee.org so we can plan accordingly.

If you have any questions or concerns, please do not hesitate to contact us directly!

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